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President's Message



As we approach the end of the year, I can't help

but reflect on the incredible journey I've had these past months as President and CEO of JTCHS. It's been a busy and exciting time, filled with numerous opportunities to connect with our staff, patients and the community we serve through multiple events like the National Health Center Week Staff Appreciation Day, Community Health Fairs and others. These meaningful connections make me proud to lead this organization alongside a talented team committed to our mission. I am truly excited about what lies ahead.

Be sure to follow us on our social media platforms, @JessieTriceCHS, to stay updated on the latest news and upcoming events. **Enjoy this Holiday Issue of our Community Health Newsletter**!

Wishing you all a happy and healthy holiday season!

Ryan R. Hawkins President and CEO, JTCHS



Here's to a HAPPY & HEALTHY Holiday Season

t's holiday time! Be your best by maintaining a balanced diet; staying active; getting enough sleep, drinking water, and reducing alcohol intake. Enjoy your festive season, but set resolutions for a healthier year ahead.

Giving is a part of living. So, we invite you to join us in spreading joy through our Holiday Toy Drive. Through monetary gifts and new unwrapped toys for girls and boys, everyone can experience the magic of the holidays.

Easier Access to Care: Schedule Your JTCHS Appointment Online!

etter health is just a click away! Did you know you can easily book your appointments at JTCHS through our website? To schedule your appointment:

- Visit JTCHS.org
- Scroll to the bottom of the page
- Select the type of appointment you wish to make
- On the right side of the screen, choose a date; available doctors and locations will display on the left
- Pick your doctor and desired time
- Follow the prompts to confirm your appointment, and you're all set.

Don't wait! Visit JTCHS.org and book your next appointment today!



Jessie Trice Community Health Foundation, Inc.

GIVE MIAMI DAY

hen you give, it comes back to you. The Jessie Trice Community Health Foundation, Inc., the funding arm of the Jessie Trice Community Health System, Inc. (JTCHS), has been giving of its time and quality health care services for decades. In the spirit of giving, the Foundation hopes that the community will consider making a donation to help it raise funds for its causes. This year, the foundation is participating in Give Miami Day which will take place on Thursday, November 21, 2024, with early giving starting on November 17.

During this period, you have the opportunity to make a significant impact on our community by supporting JTCHF to help it continue reaching the underserved and uninsured population and ensuring

that everyone receives the care they need. Donations support the following key areas: the **Fatima Zafar Medication Assistance Fund, Annie Neasman Scholarship Fund, Healthcare/Health Provider Sponsor, Annual Toy Drive, and Jessica Clyne Fund**. When you give, it comes back to you. To support us during Give Miami Day, please visit givemiamiday.org/organization/jtchf.

Sweet Treats for the Holidays: Healthy Eating and Dental Reminders

o you feel that avoiding sweets is an unachievable feat? The holidays often dish up extra helpings of less-than-healthy treats. Things like sugary baked goods, eggnog and candy canes are holiday favorites, right? Make a pact with yourself during the holidays and pledge to start the day with a healthy breakfast. Do your best to limit the sweets and monitor what you eat. Also, try preparing healthy snacks when you have a snack attack and be sure to reduce your alcohol use. Additionally, remember to keep up your brushing and flossing and get your dental checkups - a healthy mind, body and smile are all connected!

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Jamille Munajj-Brown, APRN

> eet Jamille Munajj-Brown, APRN, a valued member of our Obstetrics and Gynecology team!

She has been part of the JTCHS family for over 13 years and possesses more than 28 years of experience in the field. She holds a **master's degree** in women's health from the **University of Miami** and is certified in women's fitness by the **Academy of Sports Medicine (NASM)**. Jamille is deeply passionate about providing our patients with the highest quality care.

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JTCHS Introduced New CEO & President, Ryan R. Hawkins, to the South Florida Community



JTCHS President and CEO Ryan R. Hawkins with Barbara J. Jordan, former Miami-Dade County Commissioner. Photo Credits: Ricardo Reyes/ Sonshine Communications



From left: Adrian Parker, executive director of the Office of Strategic Initiative Management at Broward County Public Schools; Irene Taylor-Wooten, JTCHS board chair; and James Nixon, vice president of program, strategy, and external affairs at Ten North Group. Photo Credits: Ricardo Reyes/ Sonshine Communications

Men's Health & Wellness Fair



In recognition of Men's Health Month in June, JTCHS hosted a Health and Wellness Fair at the JTCHS Frederica Wilson/ Juanita Mann Center. Pictured are JTCHS community outreach staff members engaging with fair attendees. Photo Credits: Ricardo Reyes/ Sonshine Communications



National Health Center Week (Aug. 4-10, 2024)



During National Health Center Week, celebrated August 4-10, 2024, the Honorable Congresswoman Frederica S. Wilson (FL-24) (center) presented a \$400,000 check to Jessie Trice Community Health System (JTCHS) for a pediatric medical van and a pediatric dental Van to support children in South Florida. Photo Credits: Ricardo Reyes/ Sonshine Communications



Back-to-School Immunization Fair held August 10, where we provided immunizations and oral health screenings to uninsured patients, along with backpacks and school supplies to help prepare students for the school year. Photo Credits: Saraa Armas

During National Health Center Week, the JTCHS executive board visited all JTCHS locations and presented Night Owl cookies and thank-you cards to staff, recognizing their exceptional commitment and hard work.

Photo Credits: Ricardo Reyes/ Sonshine Communications



Hispanic Heritage Month Celebration at JTCHS Flamingo Medical Center

In Celebration of Hispanic Heritage Month, JTCHS hosted a meet-and-greet, at the JTCHS Flamingo Medical Center in Hialeah. The event featured a tour of the facility and insights into the diverse healthcare services provided by JTCHS. Photo Credits: Ricardo Reyes/ Sonshine Communications





Senator Marco Rubio's **Community Resource Event**

The JTCHS Outreach team was out and about at Senator Marco Rubio's Community Resource Event, where they shared valuable information about JTCHS services and resources. Photo Credits: Dr. Fabian Thurston

Ryan R. Hawkins Principal for a Day at Barbara **Hawkins Elementary**

In October, Mr. Hawkins had the honor of experiencing a day in the life of an MDCPS principal at Barbara Hawkins Elementary in Miami Gardens, the school named after his mother. Photo Credits: Toni Thompson

Mr. Hawkins participated in the 5000 Role Models Tie-Tying Ceremony during his day as principal at Barbara Hawkins Elementary. Photo Credits: Toni Thompson

ACA OPEN ENROLLMENT IS HERE! ENROLL BY JANUARY 15, 2025 Need Help Choosing the **Right Plan?** JESSIE TRICE COMMUNITY HEALTH SYSTEM Call us at (305) 835-1586 NOVEMBER World AIDS Day **Give Miami Day** National Influenza 2-6 DECEMBER 28 Thanksgiving Vaccination Week 29 Human Rights Day National Flossing Day Christmas Day 🏄 **Health & Wellness** 26 - January 1 – Kwanzaa 👑 Calendar



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